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The Hometown Treasure

A Monthly Publication by **LaGwana** Circulation: 5,700

Serving the towns of Shipshewana, Topeka, & the entire Westview School Corporation since 2000.

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Phone: 260-463-4901 x1 • Fax: 260-463-7257 News & press release email: *news@lagwana.com* You may call or stop by during office hours: Monday - Friday, 8 am-5 pm

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- ADVERTISING SIZES & RATES

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<u>Size</u>	<u>width x height</u>	<u>Rate</u>
1/12 page	2 ³ /8" x 2 ³ /8"	\$36
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March Issue Date is Tuesday, February 25

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Principal's Dozen WJHS - December 2019

<u>Back (left to right)</u>: Sheila Stoltzfus, MaryJo Fry, Landon Troyer, Lindsey Schwartz, and Derek Beechy. <u>Front:</u> JoAda Lehman, Audrey Taylor, Silas Haarer, Mark Bontrager, and Gavin Engle. <u>Not Pictured</u>: Curtis Isaiah Miller. Photo Submitted

Westview Junior High School recognized the above students during the month of December for their efforts in academics, hard work in class, caring, leadership, citizenship, athletics, or random acts of kindness to others. ()



The Hometown Treasure \cdot February 2020



Student Ambassadors WHS - December 2019

Left to right: Inah Miller and Paul Klopfenstein. Inset: Frida Kaske

Photo Submitted

Westview High School has selected three students to receive Student Ambassador of the Month honors for December 2019. These outstanding students were selected by their teachers. Westview strives to promote and acknowledge students doing more than what is expected of them. 🕕



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Cover Photo by Abby Wenger

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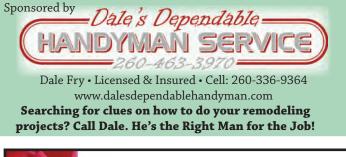
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Solution on page 18





Word Search

(find all the underlined words) by Erika Byler

Left-Over Letters Spell Out A Message From Erika!

Enter remaining letters starting at the top and going left to right.

We own a <u>house</u>! Well, we have signed <u>papers</u> saying that in 20 years, after we have made all of our <u>payments</u>, we will own a house. My <u>husband</u> and I, along with my <u>brother</u> and his wife, have been <u>renting</u> a house from my husband's <u>grandpa</u>, and we decided to <u>officially</u> buy the place. It still feels <u>strange</u> to say we own a house, since until now the <u>biggest</u> purchase we've made was our second hand <u>Prius</u>. We had to buy that because our old cars were <u>completely</u> dying. We didn't want to have to <u>figure</u> out which car would work long enough to get us to work each day. Of course, now I need to stop myself from looking up the costs of a new <u>shower</u>, toilet, kitchen floor, and <u>cabinets</u>.

It's <u>actually</u> a really nice house, but now that it's ours, I want to really make it our own.

Oh well, <u>maybe</u> in ten years we'll be able to at least afford new cabinets. **(**)

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Healthy Hearts Healthy Homes

by Brenda Yoder, LMHC, Advocate for Elijah Haven, Speaker, Writer & Life Coach

February is the month of love and romance. It's a time to rekindle the spark in marriage or in long-term relationships, or to declare your affection for one you're hoping to become more serious with in a relationship.

However, in 2020, love is becoming an elusive term. When I've talked to local students at the surrounding high schools, there's a consensus among today's teens and young adults that they really don't know what love is. The following statements were made from local teens:

"Our generation doesn't know what love is."

"We are confused between lust and love."

"Love is so overused. It's lost its meaning."

People using social media convey love with emojis and flippant words, sending messages back and forth without really considering what's being said or the intent of the words. A dating partner might use "love" to coerce or manipulate someone into having a sexual encounter. The prevalence of online pornography is teaching kids, even in middle school or younger, that lust is what physical intimacy is about, not love.

How can we do a better job teaching, talking about, and modeling love in our relationships and with our children? Here are some sentiments about love that should be conveyed to kids, teens, and young adults as we approach the holiday of love:

Principles of Love

- 1. Love should be reciprocal, not one-sided. Often teens or young adults are in relationships that are one-sided, where they give love, affection, even intimate relations, and yet they don't have care or con- 7. Love doesn't shame, blame, or cern for their well-being reciprocated. This is not love.
- 2. Love involves consent, with both parties respecting the other person's physical, emotional, and sexual boundaries. Disrespecting a person's boundaries is toxic and is not loving. Consent is an enthusiastic "yes" about something, not a yes that is coerced, manipulated, or threatened. Consent is not the absence of no.
- 3. Love cares for the other person and does not treat them like an object. Lust objectifies a person, which is what is portrayed in online media, movies, songs, and inappropriate images. Lust doesn't care about the person who is the object of the lust. Lust only thinks about immediate gratification and pleasure. Love doesn't treat a person this way.
- Love gives freedom and respect to 4. both people in a relationship. Love is not controlling.
- 5. Love shares equal power in a relationship. Love is sharing decisions, considering the other person's feelings, opinions, and values equal to your own, even when they are different.

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- 6. Love is patient, kind, and is not jealous, boisterous or rude. Love sees the best in the other person. Love involves honesty, trust, and commitment.
- embarrass the other person.
- 8. Love is loyalty, not cheating on the person with affections or a relationship with someone else.
- 9. Love is more than a feeling. It's a choice.

If you're a parent, grandparent, or someone who has a relationship with a teen or young adult, talk to them about the qualities of love. For all of us, let's be mindful of how often we say, "I love you," especially if we don't really mean it. Let's bring back the honor of love to those around us by making it an important, special, and highly honored gift. 🚺



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7

BLUE GATE THEATRE		
	VALENTINES CELEBRATION W/ KEN DAVIS FEBRUARY 13-15	
Ирсо	ming Concerts	
Feb 7	BGPAC Concerts Darryl Worley	
Feb 8	The Return - The Ultimate	
reno	Beatles Experience	
Feb 13-15	Valentines Celebration w/	
160 10-15	Ken Davis	
Feb 21	Doug Kershaw	
Feb 22	Mark Schultz	
Feb 28	Karen Peck & New River	
Feb 29	Mark Trammell Quartet	
Mar 6	The Guess Who	
🛍 Mar 7	Sawyer Brown	
Mar 13	Mutts Gone Nuts	
Mar 14	Night Ranger	
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- 2 Bryan Bontrager, Jason Bontrager, Declan Ryall
- 3 Kristen Bontrager, Jesse Doremus, MaiCee Orozco
- 4 Briana Hagerman, Davey King, Lucas Raber, Amy Yoder
- 5 Joshua Bare, Ethan Bontrager, Kaitlyn Bontrager, Melissa Bontrager, Christopher Brooks, Myra Fry, Kurtis Miller, Neil Miller, Toby Miller, Victoria Munoz Espinoza, Elizabeth Yoder
- 6 Avionna Holmes, Marcus Runyan, Maria Schrock, Rylan Spencer, Emma Yoder
- 7 Paisley Brandenberger, Ashlyn Lay, Easton McDonald, Jeryle Miller, Dustin Yoder
- 8 Evan Bontrager, Lukas Gingerich, Kinley Hershberger, Andrew Martin, Katurah Yoder
- 9 Noah Chupp, Christopher Fergison, Josiah Miller
- 11 Abigail Hershberger, Brayden Lambright, Eden Mauck, Kelsey Smith
- 12 Tristan Bush, Isaac Drake, Lucas Lambright, Samuel Miller, Hunter Trinh
- 13 Jayda Stutzman, Lora Mast, Janie Miller, Melissa Weaver, Ashlie Yoder
- 14 Zakaria Argaradi, Landon Harris, Justin Helmuth, Landyn Honyoust, Justin Miller, Chloe Turner, Kaitlyn Yoder
- 15 Camryn Christner, Lori King, Andrea Lambright, Abigail Miller, Nathan Peruski, Marilyn Yoder
- 16 Luke Eash, Travis Hostetler, Nevaeh Howard, Jayden Miller, Isla Slabach

Birthdays for children in the area up through sixth grade may be submitted free of charge. Suggestion: Send in your complete list a year at a time. Hometown Treasure, Kids' Birthday List, PO Box 70, Shipshewana, IN 46565

February

- Anthony Fry, Travis Gingerich, 17 Braxton Lower, Jaxon Marks, Treva Miller
- 18 Laine Bortner, Janessa Caldwell, Cameron Eash, Cayden Eash, Nolan Sprague, Adriana Stutzman
- 19 Sage Fisher, Kayla Hershberger, Kyle Hershberger, Destiny Mercer, Isaiah Miller, Lucas Miller, Kandice Parker, Linden Smith
- 20 Devon Bontrager, Ava Chupp, Cohen Shepherd, Alex Stutzman, Amy Yoder
- 21 Isaiah Bontrager, Melody Bontrager, Seth Hochstetler, Hannah Jasso, James Lambright, Caleb Lehman, Avery Mast, Kenlin Yoder
- 22 Makenna Helman, Brandon Mast, Atzimba Munoz Huerta, Chondra Quinn, Mazen Sowaileh, Brylee White, Amber Yoder
- 23 Julie Bontrager, Bentley Harman, Aaron Hershberger, Mildred Mc-Clellan, Jerry Weaver, Lilli Yoder
- 24 Ayah Ali, Sara Bontrager, Archer Geigley, Curtis Graber
- Lindsay Goff, Melody Hites, Jenisa 25 Kauffman, Jariah Lehman, Darin Stutzman, Deanna Yutzy
- Morgan Grossman, Kyle Hersh-26 berger, Beckham Misner, Marilyn Yoder
- 27 Darin Borkholder, Devon Bontrager, Miles Glassman, Jamal Omarouf, Cameron Yoder
- Gerardo Carmona, Cole Fillmore, 28 Julie Lambright, Kyla McClain, Bryson Noble, Kaylee Yoder
- Michael Hapner 29





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LaGrange County 1.1

LaGrange-Main Branch 203 West Street • 260-463-2841 M - Th 9:00 - 8:00, F - Sat 9:00 - 5:00 **Topeka Branch**

133 North Main Street • 260-593-3030 M - F 11:30 - 6:00, Sat 8:30 - 3:00

Shipshewana Branch 250 Depot St. • 260-768-7444 M - F 11:30 - 6:00, Sat 8:30 - 3:00

Preschool Events

Preschool Storytime (ages 2-5)

LaGrange County Library • Tuesdays, February 4, 11, 18 & 25 • 10 am Shipshewana Branch Library • Thursdays, Feb 6, 13, 20 & 27 • 1 pm Topeka Branch Library • Tuesdays, February 4, 11, 18 & 25 • 1 pm

School Age Events Multiple Branches

Lego Club • Open to All Ages! LaGrange County Public Library • Monday, February 3 • 4 pm Shipshewana Branch Library • Wednesday, February 19 • 4 pm Topeka Branch Library • Monday, February 10 • 4 pm

Homeschool Group • Vincent Van Gogh "Starry Night" Art For Home Schoolers of all ages and their parent/teacher.

LaGrange County Library • Friday, February 14 • 10 am Please register at the library or by calling 260-463-2841. Shipshewana Branch Library • Wednesday, February 12 • 1 pm Please register at the library or by calling 260-768-7444. Topeka Branch Library • Friday, February 14 • 1 pm Please register at the library or by calling 260-593-3030.

LaGrange County Public Library

Sensory Play (ages 0-5) Friday, February 28 • 10:30 am

Art @ the Library (ages 6 and up)

Wednesday, February 19 • 4 pm Please register at the library or by calling 260-463-2841.

> <u>Book Club</u> "Gregor the Overlander" by Suzanne Collins Tuesdays, February 4, 11, 18 & 25 • 4 pm

. . . .

<u>The Ho</u>metown Treasure

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Teen Events LaGrange County Public Library

T.A.G. (Teen Advisory Group) Thursdays, February 6, 13 & 27 • 5 pm Every week we have different activities to enjoy!

Family Movies

LaGrange County Public Library

The Addams Family • Friday, February 7 • 6 pm

Frozen 2 • Saturday, February 29 • 1 pm

LaGrange County Public Library • Monday, February 3 • 2 pm Please register by calling 260-463-2841.

Shipshewana Branch Library • Monday, February 10 • 2 pm Please register by calling 260-463-2841. Topeka Branch Library • Monday, February 24 • 2 pm Please register by calling 260-463-2841.

Adult Interest

Multiple Branches

<u> 2020 Adult Winter Reading Challenge – all branches</u>

Ends on February 29.

Come to any of our branches and register to participate.

Creative Stress Relief

Learn to Knit

Cost: \$5 per person. LaGrange County Public Library • Saturday, February 15 • 2 pm Please register by calling 260-463-2841 by February 1.

Shipshewana Branch Library • Saturday, February 22 • 10 am Please register by calling 260-463-2841 by February 1.

Topeka Branch Library • Saturday, February 29 • 10 am Please register by calling 260-463-2841 by February 1.

LaGrange County Public Library

Gentle Flow Yoga with Farra Mondays, February 3, 10 & 24 • 10 am A \$5 donation is suggested.

Second Saturday Book Club Saturday, February 8 • 11 am This month's book: "Big Fish" by Daniel Wallace

The Walking Well-Read : Indoor Walking Group Mondays and Thursdays, February 3, 6, 10, 13, 20, 24 & 27 • 12 pm

Western Heritage: From the Book of Genesis to John Locke A Hillsdale College Online Course *Tuesdays, February 4, 11, 18 & 25 • 2 pm*

> Trivial Pursuit Night Tuesdays, February 4, 11, 18 & 25 • 6 pm

Holiday Make and Take

Monday, February 10 • 6 pm Registration and \$5 deposit fee paid by February 7. Cost per person \$10. Please call (260-463-2841) or stop by the library to register.

Find more information at: www.lagrange.lib.in.us/happen.html

This page sponsored by





February Contest Sponsored by Tiffany's Restaurant and LaGwana

indscape Center

Larry & Alice Mishler of County Line Rd, Shipshewana, correctly identified last issue's farm was owned by Ervin & Linda Bontrager and Jesse & Linda Bontrager, 2135/2165 S 1200 W, Shipshewana. Congratulations! They won a \$50 Gift certificate from Lehman's Variety, a lighted pen, a notepad set, and a copy of *The Honeyville Journal* from LaGwana. Second prize went to Freeman & Lydia Sue Yoder of 450N, Shipshewana. Third

Mystery Farm

OVER \$50 WORTH OF PRIZES!

<u>1st Prize</u>: **Tiffany's Restaurant**, Topeka, \$25 Gift Certificate, a lighted pen, notepad set, and a copy of *The Honeyville Journal* from LaGwana. <u>2nd Prize(s)</u>[']: Lighted pen, notepad set, and *The Honeyville Journal* from LaGwana. <u>3rd Prize(s)</u>[']: *The Honeyville Journal*.

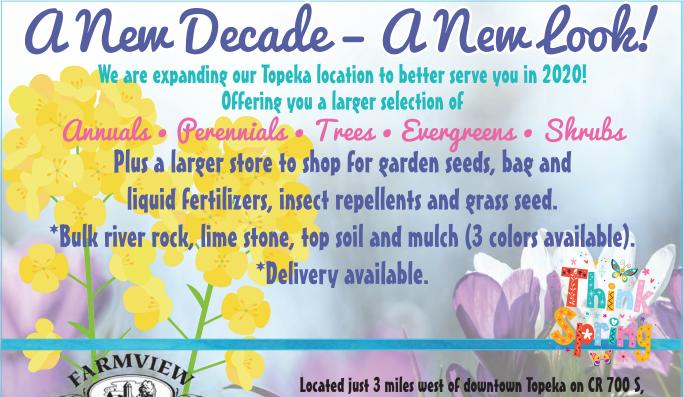
*Additional 2nd and 3rd prizes will be awarded for every 50 entries over 100 received. <u>RULES</u>: 1)Identify farm shown by owner's name, by address, or by road and nearest intersecting road.

- Mail to Hometown Treasure Mystery Farm, P.O. Box 70, Shipshewana, IN 46565.
 Please include your name and address.
- 3) Entry deadline: **February 18, 2020.** Allow time for mail delivery.
- 4) Winners will be drawn and prizes mailed.
- 5) Correct entries listed in our next issue!

from LaGwana. Second prize went to Freeman & Lydia Sue Yoder of 450N, Shipshewana. Third prize went to Richard Helmuth of County Line Rd, Shipshewana.



There were 14 correct entries this month. **Others that guessed correctly were:** Marion & Mary Bontrager, Phil & Laura Bontrager, Ruby Troyer, Wilbur & Wanda Fry, Ray Bontrager, Vernon & Irene Schmucker, Monroe & Naomi Raber, David H. & Marlene Miller, Mervin D. Yoder, Richard & Sara Helmuth, and Regina Wagler.



Located just 3 miles west of downtown Topeka on CR 700 S, watch for our opening in late March (weather permitting). 260.593.3003 or 574-825-0089



Name: _

Age: _

Coloring Contest: kids **age 6 and younger**. Sponsored by E&S Sales in Shipshewana this month! Winner gets a FREE ICE CREAM TREAT OF CHOICE at E&S Sales, State Rd 5 South, Shipshewana. Winning drawings will be on display at E & S Sales. ALL PARTICIPANTS come in and claim your drawing for A FREE ICE-CREAM CONE at E&S Sales in March. Mail submission to: LaGwana, Coloring Contest, PO Box 70, Shipshewana, IN 46565. **Entry deadline is February 18, 2020**.

Address:

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Opioid Overdose Crisis

We have all heard of the opioid crisis, but what does that really mean?

What are Opioids?

Opioids are a group of medications which relieve pain. Some types of common opioids include Fentanyl, Hydrocodone (e.g.Vicodin), Hydromorphone (e.g. Dilaudid), Morphine and Oxycodone. Opioids are prescribed for moderate to severe pain which is not easily controlled by other pain meds.

Why is it called a crisis?

In the past 20 years, prescriptions for opioids have increased greatly, for a variety of reasons. Misuse and abuse of prescription opioids is the fastest growing drug problem in the US. Since 2003, there have been more deaths from prescription opioid overdose than from heroin (an illegal opioid) and cocaine combined. In the US, 130 people die every day from opioid overdose.

Why are opioids so dangerous?

• Anyone can become addicted to these medications. The longer you take them and the higher the dose, the higher risk there is for addiction.

• Opioids slow breathing and heart rate. If too much is taken, death can result.

• Taking opioids with alcohol or benzodiazapenes (e.g alpra-Sponsored by TOPEKA PHARMACY 260-593-2252 • 101 N Main. St. • Topeka, IN

zolam, diazepam, lorazepam) increases the danger of depressed breathing and is often linked to overdose deaths.

Signs of overdose (called the

"opioid overdose triad")

- 1. Slow, shallow breathing
- 2. Unconsciousness
- 3. Pinpoint pupils

Treating an overdose

1. Call 911.

2. Administer Naloxone if available. This medication temporarily reverses the effects of opioids.

3. To prevent choking, turn the person on their side.

4. Provide rescue breaths if person stops breathing.

How to avoid the dangers of opioids

• Take these medications as prescribed, and stop taking them when they are no longer needed.

• Follow the prescription directions exactly. Do not take more than the prescription calls for or more often.

• Keep all opioid medications locked where they cannot be taken accidentally by others.

• Ask your physician if these pain meds can be taken safely with other prescription medications, especially those taken for sleeping or anxiety.

• Dispose of any leftover opioids, by mixing them with used coffee grounds or kitty litter and throwing in the trash. Or, bring them to Topeka Pharmacy, where we will take your unwanted meds and safely dispose of them for you.

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Knowing your family history can help you reduce the risk of developing common vision problems and serious eye diseases.

Glaucoma, age-related macular degeneration, cataracts and other eye diseases can all be genetic.

If you have a family history of eye disease, now is the time to be proactive about your eye care! Our doctors will discuss your family history and perform proper testing to develop a prevention and treatment plan for your eyes.

Join the 2020 Eye Care Revolution by scheduling your annual eye exam today!





Thomas D. Charles M. Morlan, O.D. Craig, O.D.

350 S. Van Buren, Ste. D 260-768-7721

We accept most insurances including: VSP, Spectera, EyeMed, DAVIS and Plain Church Group

#2020EyeCareRevolution

Coloring Contest Winners

Six year old Jenise Eash of 500 S, Topeka was our winner for the January Coloring Contest. She won an ice cream treat of choice at Tiffany's in Topeka. Everyone else that sent in a page can stop by Tiffany's for a free small ice cream cone through February.

Runners-up were Kaitlyn Rose Fry, age 6; Julie Grace Hostetler, age 5; Janie Alyse Hochstetler age 4; and Renae Jo Petersheim, age 3. Honorable Mentions: Alayna Ruth Miller, age 5; Annie Miller, age 5; Derek Bontrager, age 5; Andrea Joy Barkman, age 6; Micah Miller, age 6, David Lee Bontrager, age 6; and Kayla Ranae Lambright, age 6. Check out page 12 for this month's coloring page.

Be SURE to include all your information on the coloring page, even your age! ... we don't want you to miss out! Remember, the contest is only for children up to six years old. 🕕



Name: Jenise Eash





by Brittney Schori, Extension Educator, Purdue Extension - LaGrange County

A Financial To-Do List for February

Hello February! Many of us choose to stay indoors in the month of February. Which makes it the perfect month to get your financial house in order! Here are some steps you can take this month:

• Get a Jump on Your Taxes: Tax experts say it's generally a good idea to file your taxes early. If you're owed a refund, you'll receive it faster, and you can put it to work sooner. Filing early can be a good idea even if you owe money to the IRS, because you'll give yourself more time to figure out how to pay the amount you owe.

• Get a Free Credit Report: The Fair Credit Reporting Act requires each of the nationwide credit reporting companies; Equifax, Experian, and TransUnion, to provide you with a free copy of your credit report, at your request, once every 12 months. I suggest you order one credit report from a different major credit bureau each quarter. This allows you to peek at your credit files several times a year at no cost. The bureaus don't collect exactly the same information, so getting one from each gives you a more complete picture of your credit history. You can order your first free report for 2020 at annualcreditreport.com.

• Find Ways to Pay Less: When was the last time that you took a close look your spending habits? Contact Brittney at the LaGrange County Extension office, and she can assist in helping you reduce some of your monthly expenses!

• Pay Down Holiday Credit Card Debt: Because of rising interest rates, it's becoming more expensive to carry credit card debt. If you haven't paid off your holiday purchases yet, it's a good idea to do so as quickly as possible. Here are a few tips: Pay your credit card bill more frequently. Many people don't realize that credit card companies will accept more than one payment a month. If you're paying interest on an outstanding average daily balance, you'll pay less over time if you send in money when you have it rather than waiting until you receive the next monthly bill. Look for a lower interest rate. Many credit card issuers offer zero percent interest balance transfer cards, which can make paying off a balance easier. However, consider any fees that may be charged by your balance-transfer card. Your best bet would be to get a fee-free balance transfer card. If you go with a balance-transfer card, pay the minimum due on time every month. Being late often terminates the zero percent deal and can eliminate any savings on interest.

Are you interested in learning more about your finances? Do you want to start saving more money? Schedule a financial workshop today with Brittney Schori. You can schedule by calling 260-499-6334, or by emailing her at *bpender@purdue.edu*. ①

Source: Octavio Blanco – Consumer Reports • Like us on Facebook at Purdue Extension - LaGrange County







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Christmas Cookies

First graders at Meadowview enjoyed frosting and decorating their Christmas cookies before break. The best part was eating them. 🕕





Meadowview Elementary

Kindergartners Make Reindeer

Reading and Math Club students (K-4) at Meadowview Elementary made and worked on following directions. It edible reindeer in honor of Christmas. Students also read texts about rein-

deer, watched a video on reindeer facts, was a great hands-on learning experience for all students. 🕕

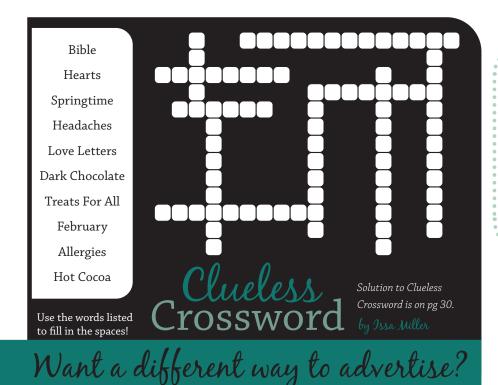


Mrs. Willard's first graders were excited about opening their reindeer bags from their cadet teacher, Miss Photo Submitted Chelsea.





17



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Solution to puzzle on page 6

Left-Over Letters Spell Out A Message From Erika!

Enter remaining letters starting at the top and going left to right.

AT LEAST I HAVE A NICE PORCH ON A QUIET STREET!



Zoo Time!

Third graders at Meadowview Elementary School learned more about how animals have internal and exter-

Meadowview Elementary



Super Steve, the Custodian

We have one of the best school custodians. Not only does Steve Mc-Donald do a great job at keeping the school clean and maintained, he also enjoys spending time with the kids. In the photo, he is sharing some Christ-

mas spirit with Mrs. Cline's class. He has also been a guest reader, visiting



classrooms throughout the school. 🕕

Spreading Warmth at Christmas

Mrs. Helmuth's and Mrs. Berkey's second grade class made eight knotted comforters to be donated to the Clothes and Food Basket. The students

enjoyed making the blankets and were very excited to donate them to help other children stay warm this winter. This is the fourteenth year for this annual project. Fabric and batting were donated by the students. Mothers from the class helped to bind the blankets. 0



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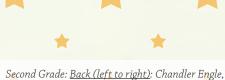
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First Grade: <u>Back (left to right)</u>: Kenlin Mast, Maria Miller, Kole Moon, Jace Amsden, Austin Miller, and Luke Tormanen. <u>Front</u>: Kari Hochstetler, Mariah Mil<mark>ler</mark>, Jordan Troyer, Tre<mark>nto</mark>n Bontrager, and Curtis Hershberger. <u>Not Pictured</u>: Hensley Bollinger.



Ryland Riggio, and Ashby Yoder. <u>Front</u>: Gaberiel Chupp, Jake Chupp, Eliza Miller, Evangelina Munoz, and Nicole Troyer. Not Pictured: Jaylen Rennick.



Third Grade<mark>: <u>Back (left to right)</u>: Ave</mark>ry Christner, Cassidy Detweiler, and Tyrone Baccol. Front: Britton Miller, Lyndora Schrock, and Kristen Miller.

Fourth Grade: <u>Back (left to right)</u>: Hailey Graber, Mari Jo Mast, and Zachary Yoder. <u>Front</u>: Noah Chupp, Elijah Watts, Karla Yoder, Baylor Atra, and Hannah Miller.

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Varsity Girls Basketball







- 1) Lucy Rensberger, Freshman, puts up a layup.
- 2) Sophomore Alexys Antal catches the ball at the 3 point line.
- 3) Gloria Miller, Junior, looks around or an open teammate.
- 4) Junior Hallie Mast moves the ball around the 3 point line.
- 5) Julianna Miller, Senior shoots for two.
- 6) Freshman Kate Welsh nets two points for Westview.

Sports photos by Abby Wenger These photos and more are available for purchase at photos.lagwana.com.









Buddies

Recently several Westview School Corporation elementary students had the opportunity to spend some time with a Westview High School buddy. ()

 Kayle Rolin and Evan Vori.
 Aleka Ernsberger, Annabelle Taylor, Jaylynn Brown, and Melyana Borg.
 Blake Egli and Ayden Kloth. Photos Submitted





Jopeka Elementary

Christmas

There is little excitement that tops that of an elementary school just before Christmas. Topeka Elementary had its annual sing-a-long on Thursday, December 19 and even Santa showed up. **(**)





Photos Submitted



Top Reader Winner is Merrill Warren

The LaGrange County Sheriff's Department recognizes fourth graders throughout the county that are nominated as their school's top reader. The winner of the reading award at Topeka Elementary this year is Merrill Warrener, who was recently driven around and treated to lunch by Lt. Tim Clark of the Sheriff's office. ① Photo Submitted



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Sponsored by FRURIP MAY FUNERAL HOME Varsity Boys Basketball





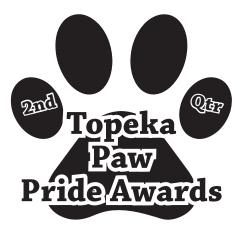


- 1) Brady Yoder, Freshman, shoots for three and scores.
- 2) Junior Caleb Cory attempts a layup against Hamilton.
- 3) Drew Miller, Junior, passes the ball to an open teammate.
- 4) Junior, Luke Miller scores two on a layup for Westview.
- 5) Lyndon Miller, Junior, shoots for three.

Sports photos by Abby Wenger These photos and more are available for purchase at photos.lagwana.com.







Jopeka Elementary

On Wednesday, January 15, the students and staff of Topeka Elementary gathered to recognize the second quarter 'Topeka Paw Pride' students who showed outstanding work in the area of reading, math, or life skills. Those students are pictured in the attached photos in no particular order. **()** <u>Reading winners (Kindergarten)</u>: Easton Mc-Donald, Emily Yoder, Andrea Barkman, Andrew Helmuth, Serenity Lambright, Andrew Slabach, Rylie Beechy, and Wyatt Foust. (First grade): Mason Grossman, Landyn Dancy, Reagan Diehl, Hannah Riehl, Landon Nissley, and Terra Harlow. (Second grade): Rahaf Allyaharee, Shahed Aamer, Kendall Lambright, Trinity Antal, Alyssa Barkman, and Aubrey Young. (Third Grade): Belen Quiroga, Janae Frey, Logan Miller, Serenity Tennant,

Remington Jones, Earl Lambright, Braden Fry, Zayne Geigley, and Deanna Yutzy. (Fourth grade): A.J. Martin, Madi Miller, Sophia Lesch, Lex Thompson, Loraine Bontrager, and Elizabeth Yoder.

Life skills winners (Kindergarten): Joshua Riehl, Jolisa Bontrager, Rahaf Aldawshan, Lujain Shammam, Amy Miller, Derek Miller, Maram Omer, and Fahid Mohsen. (First grade): Allyse Hostetler, Austin Miller, Rugger Altimus, Hanan Algaradi, Archer Geigley, and Jalayna Fry. (Second grade): Jaxson Marks, Darin Fry, Jennifer Miller, Abdulrahaman Alyaharee, Autumn Taylor, and Marowah Algeradi. (Third Grade): Cheyanne Daniels, Bella Williams, Riley Lambright, Gavin Miller, Micah Fry, Mazen Sowaileh, Kyle Hochstetler, and Lacey Ramey. (Fourth grade): Emily Schlabach, Mason Walz, Alexis Diehl, Ethan Yoder, Nahar Shamman, and Kaylee Miller.

Math winners (Kindergarten): Chloee Wilson, Aaron Bontrager, River Rheinheimer, Bryson Noble, Ryley Havert, Justin Miller, Brandan Miller, and David Hilty. (First grade): Wilma Fry, Caleb Miller, Kadrian Miller, Nolan Sprague, Jayna Miller, and Daimon Yoder. (Second grade): Sharon Miller, Erin Frey, Alvin Hilty, Juliana Yoder, Loren Miller, and Mason Case. (Third Grade): Thomas Harlow, Lyndon Yoder, Chloe Briggs, Dalton Brown, Jared Fry, Noah Cleveland, Ayden Kloth, Josh Slabach, and Tyler Hostetler. (Fourth grade): Jalen Bontrager, Winchester Altimus, Zakaria Algaradi, Jubilee Speicher, Brandon Miller, and Shelby Mullett.



Life Skills Winners





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Photos Submitted

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JV Basketball











- 1) Braden Eash completes a reverse layup.
- 2) Elijah Hostetler shoots for three over his Hamilton opponent.
- 3) Evan Litwiller sets himself up for a three point basket.
- 4) Inah Miller works her way around her Hamilton opponent
- 5) McKenna Collier brings the ball across the time line.
- 6) Katrina Schwartz makes a break for the Westview basket.

Sports photos by Abby Wenger These photos and more are available for purchase at photos.lagwana.com.



Outstanding Citizens

Outstanding Citizens are chosen based on the following: They are responsible for their behavior, are responsible for their assignments, show respect for adults and peers, serve as role models for other students, respect the property and rights of others, display good manners, participate in the

Westview Elementary

classroom and other school activities, are honest and trustworthy, and are courteous and cooperative.

The Outstanding Citizens for the second grading period were treated to lunch from Topeka Pizza on Wednesday, January 15, 2020. The students are Mahlon Miller, Kaden Hostetler,

Seth Bontrager, Vonda Bontrager, Twila Schwartz, Katelyn Miller, Angela Hochstetler, Addison Kauffman, Melody Troyer, Janell Lambright, Jalayna Bontrager, Savanna Langohr, Joel Miller, Faith Chupp, Landon Miller, and Briana Kaufman. 🕕

Photo Submitted



Two For The Price of One From Westview Theatre Students!

Westview High School Theatre students participated in the Bethel University Theatre Competition with their production of *Emotional Baggage* on Nov 23, 2019. Now they are presenting encore performances of the one act piece at the Westview High School Wilson Auditorium. In addition, the Junior High and High School Theatre students will be presenting The Misadventures of Romeo and Juliet, also a one act piece, a comedy with surprises from a girl looking for the Emerald City, a caped crusader, and the bard himself.

The price for both is \$5.00. Showtimes are:

Friday, February 14 at 7:00 pm Saturday, February 15 at 7:00 pm Sunday, February 16 at 2:30 pm 🚺

Westview Jr./Sr. High



the Westview Jr. High winner of the Geography Bee was Jonathan (left to right): Jonathan Roth Photo Submitted



CHARLIE YODER ... WESTVIEW'S NEWEST LEGEND "Balancing being a teenager with being a star"

When it comes to the basketball tradition of Westview H.S. it's understandable why it has come to be known as the home of legendary players and teams. Over the past four seasons, Charlie Yoder has distinguished himself as one of the greatest basketball players to ever grace the Warrior hardwood. But as his father and coach, Rob Yoder, will tell you, "All individual records are team records ...they just aren't possible without great teammates."

On Tuesday, January 7, on his home court in a game against East Noble, Charlie stepped to the freethrow line late in the game with two opportunities, one to tie and one to



By Harold D. Gingerich

break the school's all-time scoring record of 1,711 points which had stood since 1973. That long-standing record was set by another Yoder, Gary Yoder. Gary went on to earn All-American honors at the University of Cincinnati. While they share the same last name, the two are not directly related.

Charlie's first free-throw found it's home touching nothing but net. The second rattled in and then out. With the record tied, breaking it would have to wait for another night. Charlie finished the game with 27 points.

Three nights later the Westview gym was packed with fans who knew they were witnessing a historic night. The game against Hamilton was a blowout with the Warriors downing the Marines 85 to 43. But the Westview fans didn't care because Charlie scored 28 points to go along with 12 rebounds and three steals. The night ended with his career points total standing at 1,739 with more games to come and the county scoring record within reach.

The opening night of the 2020 Northeast Corner Conference (NECC) Tournament Westview traveled to Lakeland. Some of the Laker faithful taunted Yoder yelling "over-rated", but in the end the night would belong to Charlie and his Warrior teammates who came away with a 71-48 victory. The historic moment came with just over a minute to go in the game. Yoder turned a steal into a breakaway basket placing him all alone atop the LaGrange County scoring charts with 1,776 points, one more than former Prairie Heights standout Jacob Heller. Charlie's totals for the night were 37

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points, 15 rebounds, 6 assists, 7 steals, and 4 blocked shots.

It is seldom easy coaching your son, or playing for your father for that matter, especially in a high profile, high pressure environment with a perennial powerhouse like Westview. There you are center stage and the fans have expectations of a third state championship. "I wouldn't change it for anything," Rob Yoder says, "Yeah there are tough times because it is hard to coach your own son. There are just a lot of dynamics, so there are good times and times that are tough."

Charlie echoed much the same sentiment as did his father. "It has its challenges and it's been fun too. It's improved over the years and certainly gotten better...and it's fun as a senior to be able to tell people that I did that."

Rob and his wife Cori, also have a 17 year old daughter Carigan. Charlie says she is the exact opposite of him. The Yoders try to maintain a healthy balance between family life and sports. "We don't always get it right," Coach Yoder says. "At school and in the gym,





he's (Charlie) one of the players...there is no Dad, and at home it's Dad, not Coach." Rob goes on to say, "We don't watch a lot of (game) film at home and I try not to talk to him right away about the game ... (chuckle) at least I try not to."

It isn't always easy parenting a child who also is a gifted athlete. The Yoders are understandably proud of Charlie's accomplishment, but they are also trying to help him keep a clear perspective. "Charlie has had great success, but all (individual) records are really team stats," Yoder repeated, "they just wouldn't be possible without great teammates ...we have talked a lot about that."

Charlie Yoder's success on the basketball court is generating support for All-State honors, perhaps even the potential of being named Indiana's Mr. Basketball. And yet Coach Yoder says, "That being said, I think Charlie has been a little under-appreciated because, as a player, he will graduate from Westview ranked number one in team wins, scoring, and blocked shots. He ranks number two in steals, assists, and rebounds."

Charlie's face lit up when asked about what it is like this season with two of his cousins, Mason Yoder and Brady Yoder, as teammates. "Oh, wow! We've grown up together and played ball together forever in barns and stuff. So, to be able to do it on a real stage is just awesome!"

While many of the fans may have missed the exchange, Charlie demonstrated a bit of that family chemistry on January 15 in second round NECC tournament game against Fairfield. Any game with Fairfield is always a big rivalry affair. Late in the second half, Brady, who is only a freshman, threw an errant pass that went out of bounds into the Westview bench. As Charlie ran down the court, he gave Brady a waist-high hand slap and then with a wide grin began to rub the top of Brady's head.

As to his future plans, Charlie wants to play college basketball but says that he will wait until after the high school season to make that announcement. He does plan to study business.

Charlie shared some advice for younger kids and future Westview Warriors. "Find something you love and work hard at it. And, if that's basketball, try to outwork everyone else because it pays off. You might have to make sacrifices to be great at something, but in the end it's all worth it." •



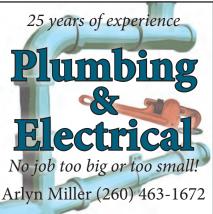
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HISTORICAL FEATURE

MASKED BANDITS TERRORIZE SHIPSHE RESIDENTS

by Harold D. Gingerich

Hollywood could not have written a better script. The date was October 24, 1906. Six masked men descend on Shipshewana with every intension of dynamiting the bank's vault. Several Shipshewana men were tied up and later released, clearly shaken, but unharmed. The villains only got a few dollars in change. However, the Shipshewana bank heist of 1897 was much more "profitable" for another set of robbers who got away with \$10,000. Both sets of robbers made their get-aways on railroad handcars; one group was later arrested but the other vanished without a trace.

The front-page story in the South Bend Tribune on November 3, 1897, was filled with details. "This morning's robbery was committed between midnight and 3 o'clock so far as known." These robbers had clearly planned ahead. Railroad officials suspected that the crooks broke into the tool house in Sturgis around 10 pm where they stole a handcar and some tools. They used the handcar to travel the 12 miles from Sturgis, down the Lake Shore & Michigan Southern rail line, to Shipshewana. Newspapers reported that people had heard the handcar, but no one paid attention. Leaving the handcar at the station, they first stopped at the blacksmith shop and got a "large pinch bar" to pry open the bank door. From there it was a short walk to the bank. Once inside, they drilled the safe and used dynamite to blow it open. The robbers helped themselves to the cash and valuable papers. Estimates of how much was stolen ranged from \$10,000 to \$15,000. According to the frontpage story in the South Bend Tribune, this included \$1,700 that had been deposited by an unnamed gentleman

> the previous day and \$1,000 also deposited the previous day by the United States Express Company.

There were conflicting newspaper stories as to whether anyone heard the explosion. But the theft was not discovered until the following morning when the bank's cashier, Hewlett Davis, came to open the bank. Davis immediately sent telegraph messages sounding the alarm. The only clue was that the Lake Shore station agent reported having seen three men come into town about midnight



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from the north on what was supposed to have been the handcar.

Using the handcar, the thieves traveled west to Middlebury where they threw the handcar into the Little Elkhart River. By noon C.E. Meyers from Huntertown and Lagrange County Sheriff William Kauffman were at the crime scene with Meyer's three bloodhounds. A few minutes later they headed to Middlebury where the abandoned handcar had been found. About 12:30 pm the dogs picked up the scent and began tracking the robbers

in the direction of Bristol. However, after several miles the dogs lost the trail. The Detroit Free Press (31 December 1897) reported that "the blood-hounds lost the track because onion skins had been rubbed on the shoes of the robbers, as they went in the opposite direction from the course taken by the hounds."

Several weeks later, Gid Lehman was hauling manure on his farm near Middlebury when he discovered a hole about two feet deep. In it was a tin box. The lock had been broken off, but nearly all the stolen papers were recovered.

On November 29, 1897, bench warrants were issued by Circuit Court Judge Wilson for the arrest of Frank Miller, Frank Johnson and Thomas Morrissey. A fourth member of the Chicago based gang, Collins Louchins, confessed to blowing the safe and named the other three. Authorities believed that the gang was also responsible for a \$3,000 bank robbery in Wakarusa two weeks prior to the Shipshewana bank job.

Researching old newspapers can result in contradictory information. For instance, the Muncie Evening Press ran a page two story reporting that on September 22, 1898, "Thomas Sharlau, alias Kelly, was arrested in Chicago after "an exciting chase. He will be taken to Indiana for trial at once." So, who really robbed the bank? Was anyone else ever arrested? To the frustration of the Hawpatch History Detective, at this point no further information has been uncovered as to any trials in LaGrange County, and assuming there was a conviction, what prison sentence each received.

What we do know is that ROBBER CAPTURE nine years later, on Octo-One of the Shipshewana ber 24, 1906. Bank Thieves Arrestsix other ed at Chicago. men wear-THE CORBETT-M'COY FIGHT ing masks terrorized b Shipshe-Guilty Alleged CILY n Drugged wana MI 14. at Cl residents Chicago, Sept. 22.-Thomas Sharlan, alias Kelly, said to be one of the three as they nen who robbed the bank at Shipsheatwana, Ind., of nearly \$15,000 about a year ago, was arrested here yesterday temptafter an exciting chase. ed taken to Indiana for trial at once. The robbery of the bank was one of the most daring that ever occurred in Indiana. blow Nitroglycerin was used by the robbers, t and the force of the explosion was so up great that part of the walls of the bank fi tl the building were blown out. safe DRUGGED WHEN MARRIED and

> papers from as far away as Alabama, Kentucky, and Wisconsin ran the story. The stories conflict as to the time of the attempted safe job. The Bremen Enquirer (Bremen, IN) reported it as "Tuesday night" while the Courier-Journal (Louisville, KY, page 2) said "early today". October 24th would have been Wednesday.

rob the bank. News-

The Wood County Reporter (Grand Rapids, WI, page 6) reported that three of the men entered the Eash Livery barn near the bank where they tied Eash to a chair. Unfortunately, the newspapers failed to include his first name. Joseph Weyrich (as spelled in the paper) and Arthur Razenbee, a couple of farmers who were "putting up their horses" were also bound hand and foot and left lying on the floor. The Courier-Journal reported that three men were gagged and tied in the livery stable next to the bank building. The Bremen Enquirer stated that "the robbers bound and gagged the night watchman and a liveryman; the only persons awake in the town." Clearly there were some discrepancies in the various newspaper accounts.

One of the masked men did stay in the livery barn to keep an eye on things. Meanwhile, the other three masked men were focusing on the bank. Entering the bank, they used nitroglycerin to blow off the combination locks opening the vault's outer doors. Inside was a Mosler burglar proof safe which they were unable to blow open. The robbers came away with about \$6 in change.

Like the bank robbers of 1897, the 1906 six masked bandits made their escape to the west on a railroad handcar. The Wood County Reporter said that they were pursued by a posse, but no details were given as to who made up the posse. Just before the bandits reached Goshen, they abandoned the handcar and vanished. No one saw or heard of them again.

For more Shipshewana history visit the Shipshewana Area Historical Society's website (www.saha.us) or their Facebook page. ①

This article sponsored by



The Purdue Extension and Parkview LaGrange Hospital to offer FARM STRESS WORKSHOP

"Weathering the Storm in Agriculture: How to cultivate a productive mindset" is an hour-long workshop for farmers and their families. The program is designed to help farm families recognize and

re-

spond to signs of chronic stress in themselves and others. During the workshop, participants will:

- Learn to recognize the signs and symptoms of chronic stress
- Build skills to recognize and respond to mental health concerns
- Learn how to respond and where to go for more help and resources
- Access resources for handling stress for a more productive mind set on the farm

The presenters are Elysia Rodgers, Agricultural & Natural Resources Educator, DeKalb County, and Brittney Schori, Health and Human Services Educator, LaGrange County.

The program is free to farmers and their families. The class size is limited

and preregistration is required by Feb. 19. For additional information or to register, contact Christina Blaskie by calling 260-463-9420 or email her at *christina.blaskie@parkview.com*.

The workshop is made possible by a collaboration between the Purdue Extension and the Michigan State University Extension. It is funded by a community health improvement grant from Parkview LaGrange Hospital.

"Weathering the Storm in Agriculture: How to Cultivate a Productive Mindset"

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"We take for granted so many little things in our everyday lives, and sometimes we just need to stop and realize how great life truly is."

"There is always something better that we can look forward to and have hope for."

KAYLYN GATES



STUDIES

KAYLYN GATES is 15 years old and is a sophomore here at Westview. She is in a lot of advanced classes for her grade level. Some things she enjoys outside of school include spending time with her family, crafting, being outside as much as possible, and singing. The most difficult part of keeping grades up for Kaylyn is balancing extracurricular activities after school and her homework because she doesn't have a study hall. She often has to decide between getting homework done and getting enough sleep. Her favorite subject is music-she is in both band and the Dynamic Singsations. She loves being in the Dynamic Singsations because it doesn't matter if you have good grades or fancy clothes, everyone accepts each other for who they are. The Dynamic Singsations doesn't feel like school for Kaylyn, but instead it feels like home. Kaylyn tries to start each day by finding something to look forward to. She is always looking on the positive side of things no matter how tough the situation might be. Someone Kaylyn looks up to in her life is her mother. She says that she admires her mother's ability to juggle so many responsibilities such as a full-time job, volunteering at their church, and helping out with school activities. Kaylyn also admires her mother's ability to still find time to spend with her family, even with all the other things going on in her life. She says her mother is very selfless and would do anything to make sure her family is safe, happy, and healthy. According to Kaylyn, her high school experience so far has been quite amazing. Kaylyn's favorite parts of high school have been experiencing new things, meeting new people, and all the opportunities she has been given from clubs and activities.

& SPORTS

ELIJAH HOSTETLER is a sophomore here at Westview. He plays tennis in the fall and basketball in the winter. Elijah's favorite subject is Chemistry because it's like solving a bunch of puzzles. The most challenging part of playing sports for Elijah is balancing sports, homework, and hobbies. One thing he enjoys about Westview is the close-knit community, which provides opportunities to get more personalized help when needed. Elijah's favorite memory of playing sports here at Westview is when he was able to compete at state with the boys' tennis team this year. This was a huge accomplishment because no tennis team in the history of Westview has gone to state. He is motivated by his want to win. Having motivated teammates helps to keep him motivated and to continue to work in the off-season. The most rewarding part of sports for Elijah is being able to have a platform to do big things, as well as having a good group of people to hang out with. Elijah's high school experience so far has been great for him. He has been super busy, but he likes always having something to do.

> Spread written by: Alana Miller Layout by: Christen Lantz

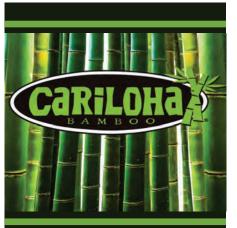
"The most rewarding thing about sports is being able to have the platform to do big things with a good group of guys you like to hang out with."

ELIJAH HOSTETLER



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2020 8th Grade Girls Basketball Team: <u>Back (left to right</u>): Hope Welsh, Angie Eash, Abbi Ponce, and Coach Ryan C. Yoder. <u>Middle</u>: Skye Stump, Andrea Schwartz, and McKynze Sivits. <u>Front</u>: Laura Yoder, Hope Bortner, Amy Schlabach, and Audrey Taylor. <u>Not Pictured</u>: Katie Engelage.

Photo by Abby Wenger



2020 7th Grade Girls Basketball Team: Back (left to right): Coach Kim Mast, Morgan Riegsecker, Ella Williams, and Brianna Munoz.
 Front: Shanna Miller,

 Ava Williams, Rebecca Miller, Leigha Schrock, and Kayla Gordon.
 Photo by Abby Wenger

LaGrange County Community Foundation Purchases NEW HEADQUARTERS

The LaGrange County Community Foundation acquired property on December 30 which, by the end of 2020, will become the new headquarters for the Foundation. The property, located at the intersection of US 20 and 250 W, contains over 4,000 square feet of space, along with a parking lot of 6,000 square feet.

"We are thrilled to be able to increase the visibility and accessibility of the Community Foundation," said Neal Wolheter, Board President. "We had been setting aside funds for several years, which allowed us to purchase the property using available cash – no mortgage was required." A portion of the cost of the building was funded using a gift the Foundation received at the beginning of 2019. In addition to reduced operating costs, the new building will be more accessible to elderly and disabled patrons. While the current Community Foundation headquarters is on the third floor of a building, at the new location all of the office space is on the same level and easily accessible using a ramp.

"Greater visibility, lower costs and enhanced accessibility were the deciding factors," said Octavia Yoder, Executive Director of the Community Foundation. "Plus, the fact that we could finance the purchase without debt meant that this will be a great step forward and help the Community Foundation grow and prosper in the coming years."

The Community Foundation plans to sell their existing property, located at 109 E. Central Avenue. They hope that the sale of that property could be part of larger downtown development efforts in LaGrange. •



Scholarship Opportunities

Graduating LaGrange County high school seniors who are looking for ways to support a college or technical school education have numerous scholarship opportunities available through their local community foundation. The LaGrange County Community Foundation is offering 48 one-time and several renewable scholarships to graduating students who are planning to pursue a full-time education at a college, university, technical or trade school.

Scholarship opportunities vary according to career fields, current high school, college, sports and academic performance. Applicants should read the criteria carefully, as each scholarship is unique. Scholarship awards range from \$400 to \$2,000. Students may apply online at <u>lccf.net</u>. The deadline to apply is Monday, February 24, 2020, at 5 p.m.

Eligibility Requirements

- Must be a graduating senior from a LaGrange County high school, private or homeschool. Past graduates and nontraditional students with a GED are eligible for select scholarships.
- Must be planning to attend an accredited two-year or four-year college, university or trade school.
- Must be a U.S. citizen. Scholarship awards can only be used for tax-exempt college expenses, such as tuition, books and required fees. Scholarships cannot be used for housing, board or transportation.

21st Century Scholars are not eligible to apply for general scholarships The Hometown Treasure - February 2020 through the LaGrange County Community Foundation.

Offered for the first time in 2020 is the Russell Hepler Telecommunications Scholarship and the Allread-Rife Family Scholarship. The Russell Hepler Telecommunications scholarship was established to benefit a Prairie Heights student pursuing an education in telecommunication studies.

The Allread-Rife Family Scholarship supports a graduating senior from Lakeland, Westview or Prairie Heights planning to study teaching or nursing.

A full list of scholarships and their criteria are available at *lccf.net/availablescholarships*. Scholarship questions should be directed to Scholarship Manager, Laurie Sherck at *lsherck@lccf. net*, or by calling 463-4363. ①



Sue Delagrange, MS, RDN, LD from LaGrange County Council on Aging Cancer Services will present a free program called 'Chocolate: The Good, The Bad and The Ugly'. In this program you will learn how a cocoa pod from South America is transformed into a food we love to eat and is actually good for you. It will be held at the LaGrange County Council on Aging, 410 Central Avenue, LaGrange, IN on February 28, 2020, 10:30 am-12:00 pm. Reservations are recommended, but not required. For more information or to reserve a seat, call toll free to 1-866-484-9560. 🕕







2020 Junior High Wrestling Tennis Team: <u>Back (left to right</u>): Head Coach Ehren Misner, Josh Heidorn, Darin Lehman, Christien Noward, Matt Miller, Taven Schrock, Colton Oliver, and Asst. Coach Jonathan Fennell. <u>Middle</u>: Lucas Hargrove, Ilias Cherif, Bryton Barton, Izaak Moore, Ian Bontrager, and Cole Bontrager. <u>Front</u>: Nick Bontrager, Quinton Yoder, Teague Misner, Jayce Brandenberger, Judson Hershberger, and Sam Gutierrez. <u>Not Pictured</u>: Thomas Raley. Photo by Abby Wenger

LaGrange County Parks **February Upcoming Events**

Wild Walkers at Delt Church Park

Friday, February 14, 9:00 - 10:30 am Join an adult walking group coordinated through City of Fort Wayne Parks & Recreation. They travel across the region twice a month to various parks and natural areas to enjoy a good walk and good company. For more information or to be added to the distribution list, contact Eden Lamb, at 260-427-6008, or eden.lamb@cityoffortwayne.org.



Great Backyard Bird Count Saturday, February 15, 10:00 am - 4:00 pm

Help the Naturalist count the different birds that visit the feeders at Maple Wood. We'll contribute our list to the national database. This is a great way to learn the names of common backyard birds while staying warm and dry. Each count must last for 15

participants while they last.

Breakfast with Homeschool First Impressions

Wednesday, February 19, 9:00 - 10:00 am

Come for a morning designed for outdoor-loving, curious children! Every program will have a craft or activity. If the weather permits, we'll also go for a hike. The programs have been developed from Project WET and Project WILD curriculum and meet many state proficiency standards. Children aged for K - 5th grade will enjoy these mornings the most, but younger and older children will have fun too! Younger siblings are always welcome. Doughnuts and hot beverages served while supplies last.

Spring Quilt Classes at Maple Wood

February 22, 9:00 am - 3:00 pm February: Hatbox Hexies Want a quilt with hexagons? Here's your chance! We are using oversized hexies to make the construction easier. Make a table runner or bigger project. This is a 10" square (or layer cake) "friendly" project.

Please bring a dish to share for the potluck lunch. Registration is required. Instructions are provided upon registration. To register, call the Park Office, 260-854-2225, or email lagrangecountyparks@yahoo.com. Fee

minutes. Free hot cocoa and snacks for is \$25 (\$5 is given back to Parks) For more information, contact the instructors Julia Wolheter, 260-367-1449 or Ira Johnson, 260-367-1438.

MONTHLY EVENTS Make - n - Take Crafts

Second Saturday, February 8, 10:00 am & 2:00 pm February 8: Thumbprint Ants and Marble Spider Webs Easy nature crafts for the entire family! Free of charge (donations appreciated).

Maple Wood Fiber Guild

Second Wednesday, February 12, 10:00 am - 3:00 pm

Open to anyone and any kind of fiber art! Knitting, crocheting, spinning, weaving, dyeing, tatting, embroidery, and more! Bring projects to work on, get inspiration from others, or learn a new hobby. Children welcome! Please bring a dish to share for the potluck lunch and cash donation for LaGrange County Parks.

Folk Jams

Fourth Sunday, February 23, 1:30 - 5:00 pm

Jams are mostly folk, country, and bluegrass music, with other styles occasionally added.

For more information, contact Erv Troyer, at 463-2247, reo43@aol.com, or Maple Wood at 260-463-4022. 🕕

Teachers and Home school groups, remember to schedule your Maple Syrup Tours.

Maple syrup season is almost here! LaGrange County Parks and Recreation is scheduling maple syrup tours for school children. The tour addresses

REMINDER!

several state proficiency standards. Children will learn about photosynthesis, the important role of weather and temperatures, and the water cycle. Students will take a short walk in the woods to learn about the tapping process, then visit the sugar shack.

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They will be treated to storytelling and a sweet syrup sample. Space is limited! For reservations call the Park Office at (260) 854-2225, or email Naturalist Leslie Arnold at *larnold@lagrangecounty*. org. 🚺

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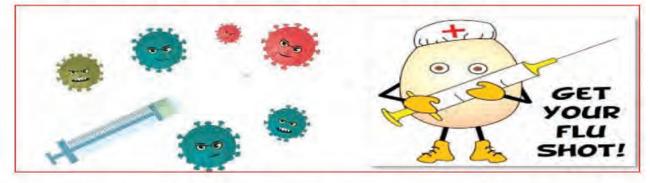
Your Health and What It Means to Your Community - Information From Dr. Pechin.



Wishing you and your family good health, happiness, success and prosperity in the coming year!

I hope you find the following information on <u>INFLUENZA (FLU)</u> a helpful, and healthy way to have a great start to the New Year. **GET HEALTHY-STAY HEALTHY-GET** YOUR FLU SHOT TODAY.

INFLUENZA (FLU)



What is INFLUENZA (FLU)? Flu is an illness caused by the influenza virus that infects the respiratory tract. The illness can be mild to severe and can cause death. Each year thousands of people die from influenza.

Symptoms of Influenza:

- Fever Headache -Muscle Aches
 - Chills Sore throat Cough
 - Nausea and diarrhea occasionally in children

Symptoms usually start 1-4 days after being exposed and can last 2-7 days. Complications may include pneumonia, bronchitis, sinus infections, ear infections, hospitalization and death.

How is the flu spread? Flu is spread from close contact with persons who are sick with flu or from touching surfaces or objects that have the flu virus on them. People may be able to spread the virus to others about one day before they show symptoms and up to seven days after becoming sick. That means you may be able to spread the flu to someone else before you even know you are sick, as well as while you are sick.

Who is at risk for getting the flu? ANYONE CAN GET THE FLU. Some people are at high risk for serious flu complications, such as infants, young children, people 65 years old and older, pregnant women, and

people with certain health conditions or a weakened immune system.

How can the flu be prevented? The best way to not get the flu is to get the vaccine every year before the flu season starts. The vaccine begins to protect you within a few days after you get the flu shot. Good hygiene is important to prevent the spread of ALL respiratory infections including the flu.

- Use your elbow or upper arm, instead of your hand, or a tissue to cover your mouth and nose or when you cough or sneeze. Immediately throw your used tissues into the trash. Try not to touch your eyes, nose, or mouth, as flu infection can occur when the virus contacts them, and through breathing in droplets from a sneeze or cough.
- Clean your hands after coughing or sneezing, wash with soap and water, or hand sanitizer.
- Avoid close contact with people who are sick.
- If you get the flu, stay home from work, school, and social gatherings. This will help others from catching your illness and gives your body the rest it needs to get better.

VACCINES SAVE LIVES

LaGrange County Health Department

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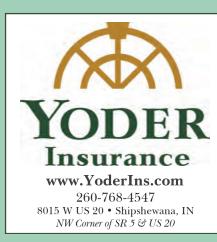
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